



## Roasted Red Pepper and Tomato

### *Ingredients:*

2 red bell peppers  
4 large tomatoes  
1 onion, chopped  
2 cloves garlic, minced  
4 cups vegetable broth  
1 tsp olive oil  
Salt and pepper to taste  
Thyme (optional)

### *Instructions:*

Preheat oven to 400°F (200°C).  
Roast peppers and tomatoes until skin is charred.  
Use a pan to sauté onion and garlic in olive oil until translucent.  
Peel peppers and tomatoes; blend with sautéed onions, garlic, and vegetable broth.  
Simmer and season to taste. Garnish with thyme if desired. Enjoy a vitamin C-packed soup!